

Master STI & ART Revision Card

Class 12 Biology NEET Rapid Recall

The NCERT STI Big List

Gonorrhoea

Syphilis

Genital Herpes

Chlamydiasis

Genital Warts

Trichomoniasis

Hepatitis-B

HIV/AIDS

Note: Hepatitis-B and HIV can also be transmitted via non-sexual routes (shared needles, surgical instruments, transfusion, infected mother → foetus).

The Incurables Mnemonic

H Hepatitis-B
H Herpes (Genital)
H HIV/AIDS

Manageable, but NOT completely curable.

Curable (if detected early)

Gonorrhoea

Syphilis

Chlamydiasis

Genital Warts

Trichomoniasis



You've Learned the Theory. Let's Test Them Now.

$$E=mc^2$$



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Key Highlights

- » Free Study Material, Videos & Infographics
- » Push Your Limits with Level-Based Challenges
- » Climb the Leaderboard Among Fellow Aspirants
- » Practice Unlimited MCQs for NEET & JEE
- » Get Clear Explanations, Not Just Marks
- » Track Your Performance Smarter



The 3-Point Prevention Code

- 1** **Avoid** sex with unknown or multiple partners.
- 2** **Always use condoms** during coitus.
- 3** **Consult a doctor early** in case of doubt for diagnosis and **complete treatment**.

Bonus Screen: Routine blood donor screening and disposable syringes prevent non-sexual transmission routes.

The ART Toolkit

IVF-ET

In Vitro
Fertilisation
+ Embryo
Transfer
(test-tube
baby)

ZIFT

Zygote Intra
Fallopian
Transfer

IUT

Intra Uterine
Transfer

GIFT

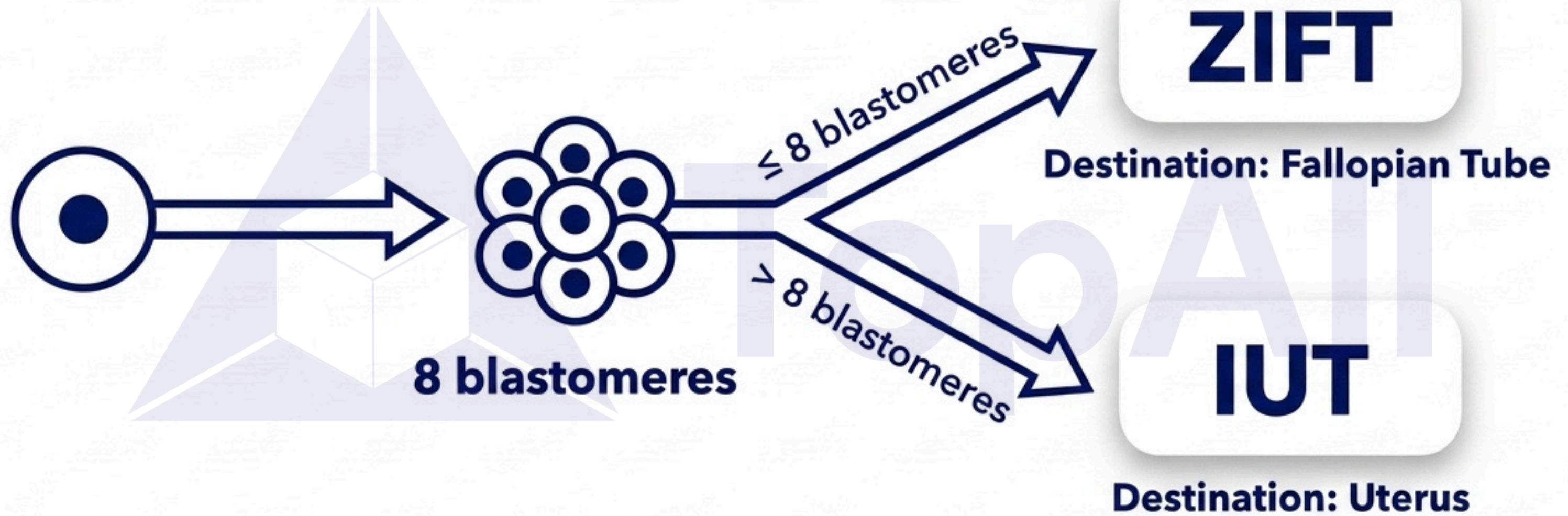
Gamete Intra
Fallopian
Transfer

ICSI

Intra
Cytoplasmic
Sperm
Injection

AI/IUI

Artificial
Insemination /
Intra-Uterine
Insemination



The NEET Trap

Do not confuse **ZIFT** and **IUT**. The destination depends entirely on the 8-blastomere threshold.

Ultimate NEET Takeaway

HHH rule for Incurable STIs.

8-Blastomere threshold
rule for ART (ZIFT vs IUT).



You've Learned the Theory.

Now Let's Test It.

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Jump in while the concept is still fresh in your head

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