

Reproductive Health: Key Definitions

Chapter 3 Rapid-Revision Toolkit
(NEET & Board Prep)

Total well-being in all aspects of reproduction (WHO).

P

Physical

normal
organs/functions

E

Emotional

mental well-being

B

Behavioural

responsible conduct

S

Social

supportive environment,
no stigma

**The PEBS Rule: Examiners look for all four aspects.
Drop a word and the mark goes too.**

Amniocentesis

Sampling of amniotic fluid to test fetal cells and dissolved substances for genetic disorders

Legitimate Medical Uses

- Down syndrome
- Haemophilia
- Sickle-cell anaemia
- Assessing foetal survival

Banned Misuse

- Sex determination (leading to illegal female foeticide)

Common Mistake: Amniocentesis is NOT banned. The procedure is legal and clinically useful; the misuse for sex determination is what is legally banned.



You've Learned the Theory. Let's Test Them Now.

$$E=mc^2$$



Turn theory into marks with **unlimited MCQs, smart analysis, and focused revision.**

Practice Now



At prep.topall.app

Key Highlights

- » Free Study Material, Videos & Infographics
- » Push Your Limits with Level-Based Challenges
- » Climb the Leaderboard Among Fellow Aspirants
- » Practice Unlimited MCQs for NEET & JEE
- » Get Clear Explanations, Not Just Marks
- » Track Your Performance Smarter



Contraception (Prevention)

Prevention of fertilisation or implantation.

Relies on 7 distinct categories (Natural, Barrier, IUDs, Oral pills, Injectables, Implants, Surgical).

MTP (Termination)

Intentional or voluntary termination of pregnancy before full term (induced abortion).

Legalised in India in 1971.
Considered relatively safe during the first trimester (up to 12 weeks).

STIs

Infections transmitted through sexual intercourse.

VDs (Venereal Diseases) / RTIs (Reproductive Tract Infections)

Incurable (Manageable Only)

The HHH Rule

Hepatitis-B
Genital Herpes
HIV/AIDS

Curable (If detected early)

Gonorrhoea
Syphilis
Chlamydiasis
Genital warts
Trichomoniasis

Infertility

Inability of a couple to produce children despite unprotected sexual cohabitation.

ART (Assisted Reproductive Technologies)

Special techniques used to help infertile couples have children

The ART Toolkit Acronyms

Memorize these: IVF-ET, ZIFT, IUT, GIFT, ICSI, AI/IUI.

Screenshot this: The 6 Core Definitions



Reproductive Health

Total well-being in all aspects of reproduction (PEBS).

Amniocentesis

Amniotic fluid sampling to test fetal cells for genetic disorders.

Contraception

Prevention of fertilisation/implantation.

MTP

Intentional/voluntary termination of pregnancy before full term.

STIs / VDs / RTIs

Infections transmitted via sexual intercourse.

Infertility & ART

Inability to conceive, and the special techniques used to assist.



You've Learned the Theory.

Now Let's Test It.

Reading notes gets you knowledge.

Practicing MCQs gets you marks.

That's exactly what TopAll Pro is built for.

Try TopAll Pro Now

What TopAll Pro Does Differently

-  **Stuck? Snap it. Solve it. — Doubts AI**
Photo → step-by-step solution in seconds, 24/7
-  **Your AI Coach finds your blind spots**
Concept-level weakness detection — not just chapter-level
-  **4.5 Lakh+ questions. Never run out.**
13× more content than any other prep app in India
-  **Build your own test in 60 seconds**
Pick a chapter, set difficulty — AI does the rest instantly.
-  **AI Recommendation that helps you improve**
AI Recommendation Analysis your Tests and tell you where you need to improve.



Practice the moment you finish studying
Jump in while the concept is still fresh in your head

4.5L+
MCQs

1.5L+
Students

AI Powered
In-Depth Analysis