

Oral Pills: 21+7 Protocol



Class 12 Biology NEET Revision Flashcard



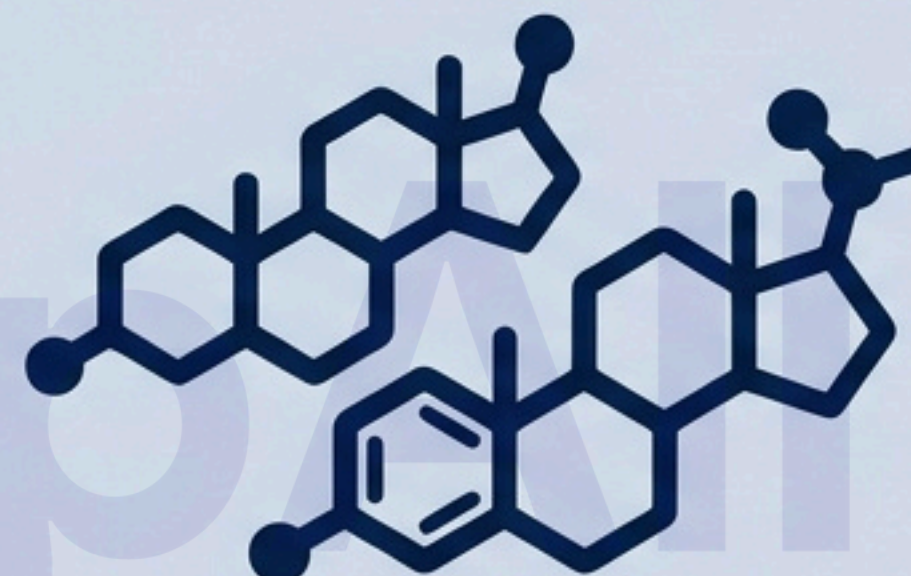
Small daily doses, highly effective hormonal control.

Chemical Formulations

Orally administered in the form of tablets, popularly called 'pills'.



Progestogens alone.
(Small doses)



Progestogen-Estrogen combinations.
(Small doses)



**You've Learned the Theory.
Let's Test Them Now.**

$$E=mc^2$$



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The 21-Day Active Schedule

Initiation Window



Step 1: Start within the first 5 days of the menstrual cycle.

Step 2: Take daily for 21 consecutive days.

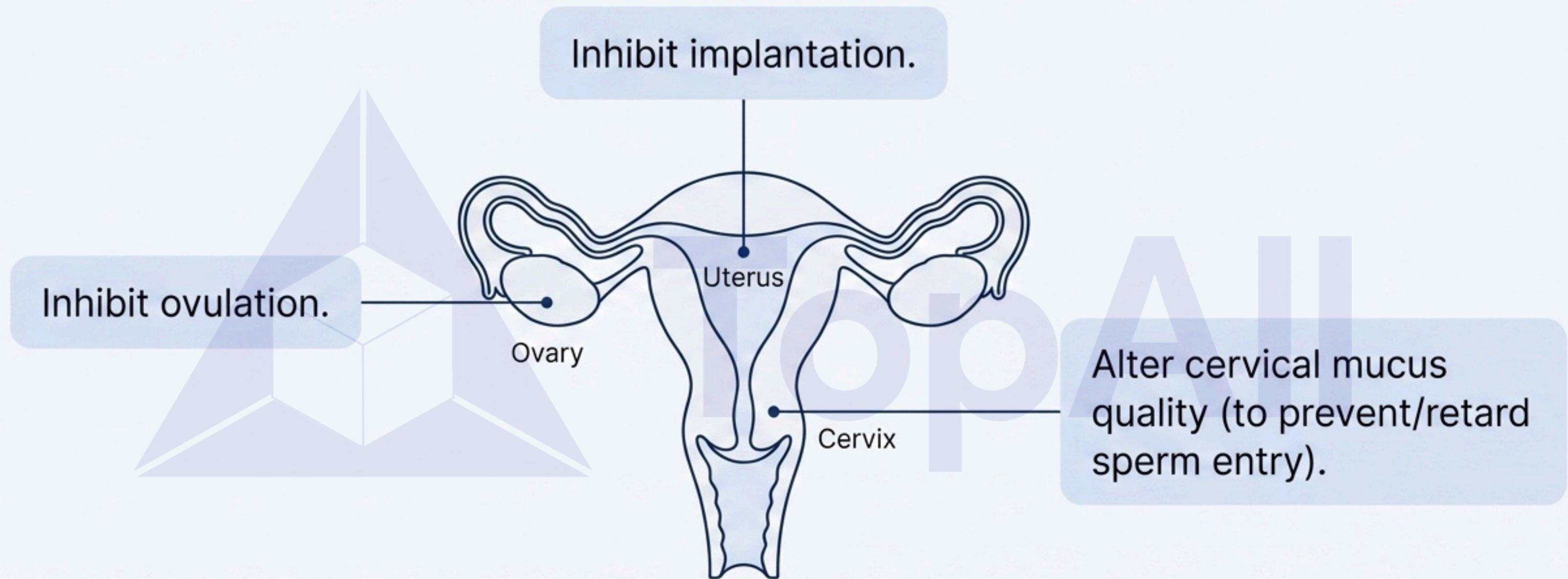
The 7-Day Gap & Repeat Loop



The Gap: 7 days off the pill (withdrawal phase).

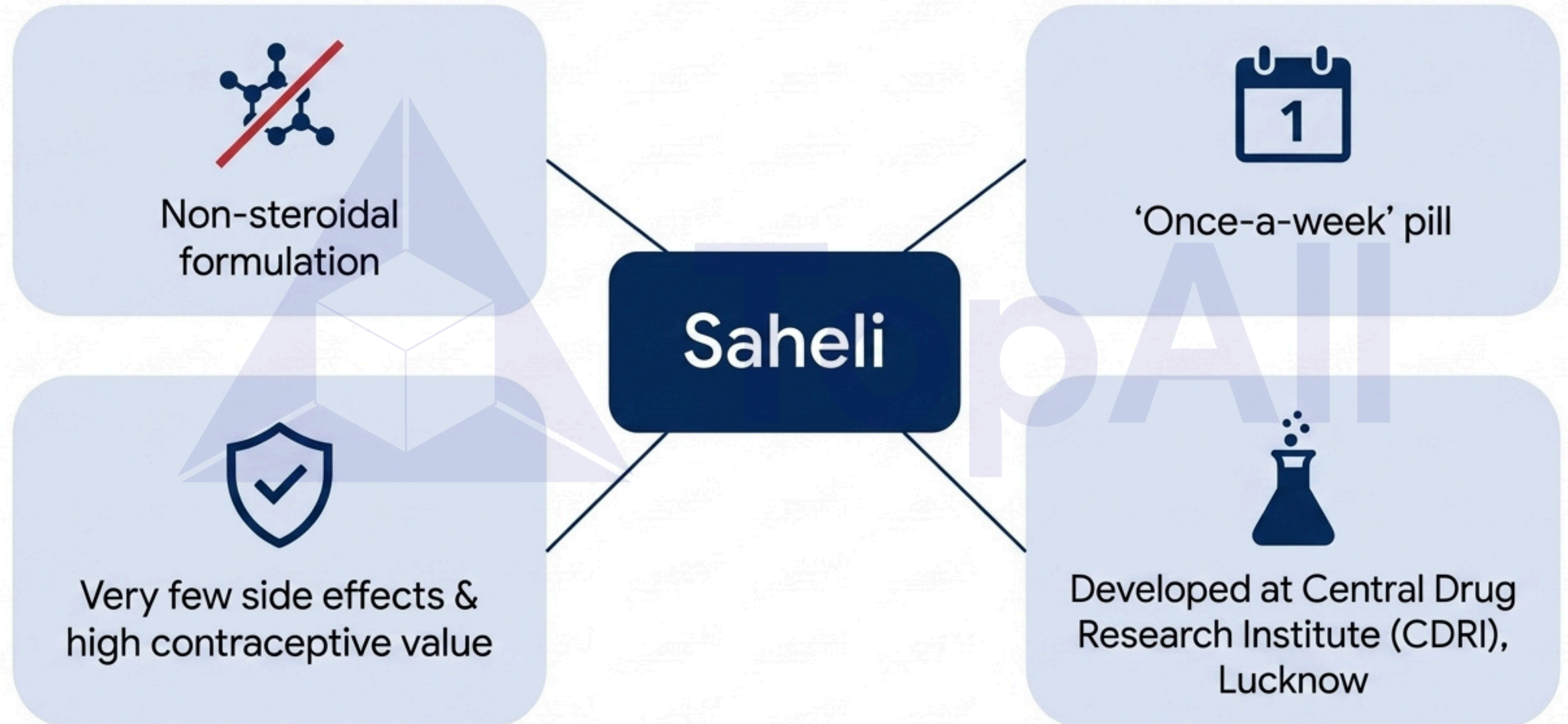
The Loop: Repeat the 21+7 cycle continuously until pregnancy is desired.

Triple Mode of Action



Quick Tip: Mode of action of oral pills is a recurring NEET MCQ. The exact three-pronged answer is required. Don't drop one.

Special Focus: Saheli



NEET Ultimate Recall



Must-Remember Facts:



21+7 Protocol: 21 days active (start day 1-5), 7-day gap for menstruation.



Triple Action: Inhibit ovulation + inhibit implantation + alter cervical mucus.



Saheli Exception: Non-steroidal, once-a-week, CDRI Lucknow.



You've Learned the Theory.

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