

Population Stabilisation: Why Birth Control Matters

Demographic trends, biological drivers, and
policy levers for Class 12 NEET.

The 20th-Century Population Explosion



Better Health
Facilities + Better
Living Conditions.



Unprecedented
explosive impact on
population growth
worldwide and in India.

Global Census Milestones



2
Billion

1900



6
Billion

2000



7.2
Billion

2011



You've Learned the Theory. Let's Test Them Now.

$$E=mc^2$$



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Key Highlights

- » Free Study Material, Videos & Infographics
- » Push Your Limits with Level-Based Challenges
- » Climb the Leaderboard Among Fellow Aspirants
- » Practice Unlimited MCQs for NEET & JEE
- » Get Clear Explanations, Not Just Marks
- » Track Your Performance Smarter



India's Demographic Surge

1

350 Million

1947

2

~1 Billion

2000

3

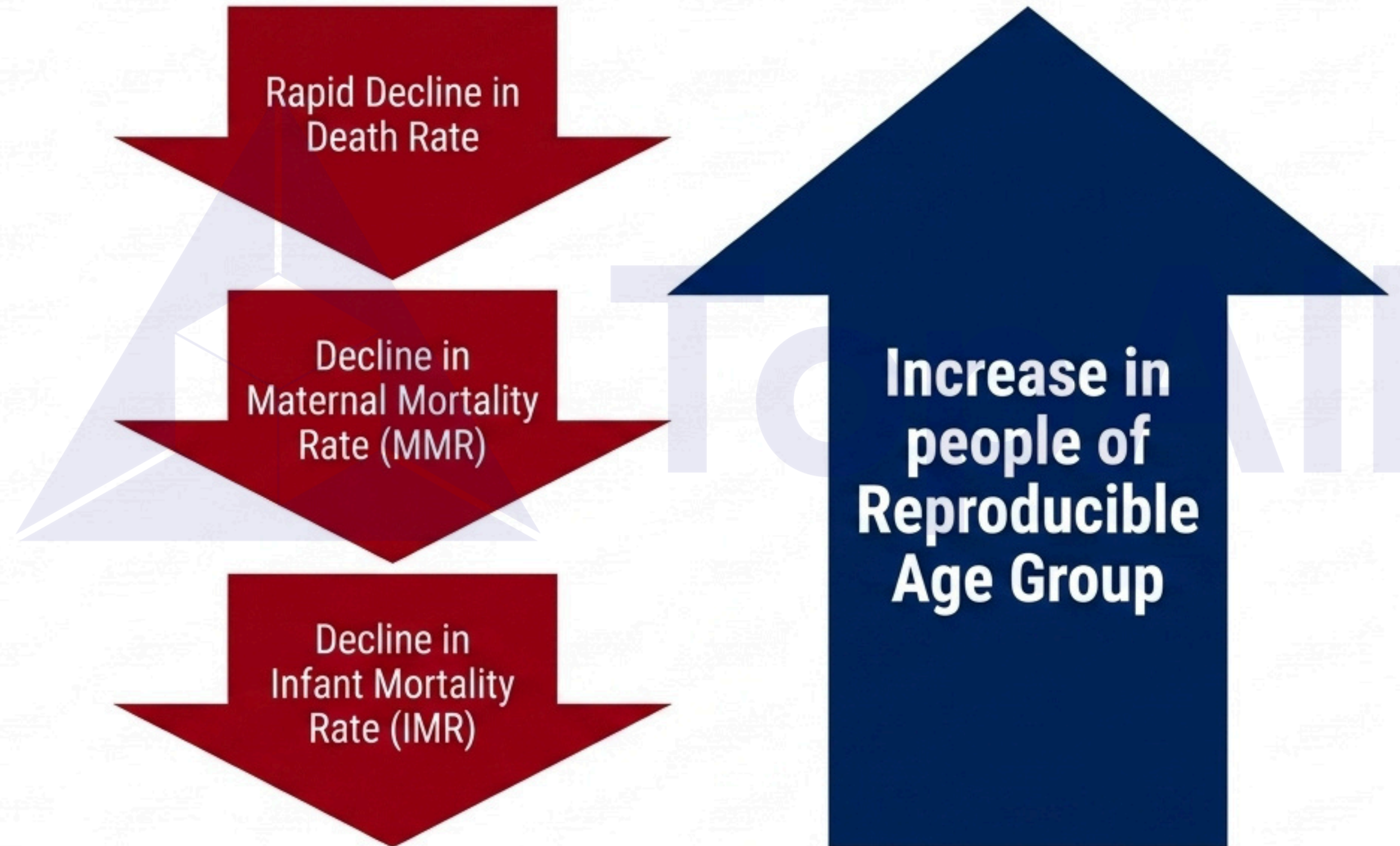
1.2 Billion

May 2011



The 2011 census showed a growth rate of **< 2% per year** (20/1000/year).
Even at this rate, the population can still increase rapidly.

The Biological Causes of Growth



Government Policy Levers

Hum Do Hamare Do (We two, our two)

Small Family Motivation

Promoting contraceptives; urban shift towards a one-child norm.

Statutory Limits

Raising legal marriageable age to 18 years (Females) and 21 years (Males).

Incentives

State benefits provided to couples voluntarily adopting small families.

Population control relies on three primary mechanisms: contraception access, statutory marriage-age laws, and small-family incentives.

Real-World Impact: These levers successfully dragged India's total fertility rate from roughly 6 children/woman in 1950 to roughly 2 in 2020.

Rapid Recall Check



According to the 2011 census, what was India's population growth rate, and what is the statutory marriageable age for females?

A) $>2\%$, 18 years

B) $<2\%$, 21 years

☒ C) $<2\%$, 18 years

D) $>2\%$, 21 years



Common Mistake: Examiners frequently test the $< 2\%$ (20/1000/year) metric. Do not confuse the female marriage age (18) with the male marriage age (21).



You've Learned the Theory.

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